

The beginning of the year is a great time to meet with your doctor (whether or not that will change this year) to get off to a good start for the year.

Get Your Prescriptions Filled

Get your prescriptions filled & make sure everything is working as it should – if you changed plans, there may changes you want to be aware of.

Create an Online Account

Creating an online account with your insurance company gives you faster & more accessible claims information and extra benefits that may be available.

Confirm Your Billing

Double-check to make sure that your premiums are coming out from the correct accounts & that any old plan premiums have stopped.

Locate Your ID Cards

Make sure your ID cards are in a secure, dedicated place. If you have not received them or have misplaced them, call your plan's customer service number to order a replacement ASAP.

Confirm Plan & Pharmacy Info

Update and insurance information changes with your pharmacy and doctors and makes sure they are aware of any changes, such as a new pharmacy of choice if you changed networks.

Update Your Emergency File

Make sure you have an "In Case of Emergency" file that includes your insurance and medical information, along with anyone else's contact information that would be needed to make decisions in the event you are incapacitated and unable to make them on your own.

Take Advantage of Extra Benefits



The beginning of the year is a great time to meet with your doctor (whether or not that will change this year) to get off to a good start for the year.

Get Your Prescriptions Filled

Get your prescriptions filled & make sure everything is working as it should – if you changed plans, there may changes you want to be aware of.

Create an Online Account

Creating an online account with your insurance company gives you faster & more accessible claims information and extra benefits that may be available.

Confirm Your Billing

Double-check to make sure that your premiums are coming out from the correct accounts & that any old plan premiums have stopped.

Locate Your ID Cards

Make sure your ID cards are in a secure, dedicated place. If you have not received them or have misplaced them, call your plan's customer service number to order a replacement ASAP.

Confirm Plan & Pharmacy Info

Update and insurance information changes with your pharmacy and doctors and makes sure they are aware of any changes, such as a new pharmacy of choice if you changed networks.

Update Your Emergency File

Make sure you have an "In Case of Emergency" file that includes your insurance and medical information, along with anyone else's contact information that would be needed to make decisions in the event you are incapacitated and unable to make them on your own.

Take Advantage of Extra Benefits



The beginning of the year is a great time to meet with your doctor (whether or not that will change this year) to get off to a good start for the year.

Get Your Prescriptions Filled

Get your prescriptions filled & make sure everything is working as it should – if you changed plans, there may changes you want to be aware of.

Create an Online Account

Creating an online account with your insurance company gives you faster & more accessible claims information and extra benefits that may be available.

Confirm Your Billing

Double-check to make sure that your premiums are coming out from the correct accounts & that any old plan premiums have stopped.

Locate Your ID Cards

Make sure your ID cards are in a secure, dedicated place. If you have not received them or have misplaced them, call your plan's customer service number to order a replacement ASAP.

Confirm Plan & Pharmacy Info

Update and insurance information changes with your pharmacy and doctors and makes sure they are aware of any changes, such as a new pharmacy of choice if you changed networks.

Update Your Emergency File

Make sure you have an "In Case of Emergency" file that includes your insurance and medical information, along with anyone else's contact information that would be needed to make decisions in the event you are incapacitated and unable to make them on your own.

Take Advantage of Extra Benefits



The beginning of the year is a great time to meet with your doctor (whether or not that will change this year) to get off to a good start for the year.

Get Your Prescriptions Filled

Get your prescriptions filled & make sure everything is working as it should – if you changed plans, there may changes you want to be aware of.

Create an Online Account

Creating an online account with your insurance company gives you faster & more accessible claims information and extra benefits that may be available.

Confirm Your Billing

Double-check to make sure that your premiums are coming out from the correct accounts & that any old plan premiums have stopped.

Locate Your ID Cards

Make sure your ID cards are in a secure, dedicated place. If you have not received them or have misplaced them, call your plan's customer service number to order a replacement ASAP.

Confirm Plan & Pharmacy Info

Update and insurance information changes with your pharmacy and doctors and makes sure they are aware of any changes, such as a new pharmacy of choice if you changed networks.

Update Your Emergency File

Make sure you have an "In Case of Emergency" file that includes your insurance and medical information, along with anyone else's contact information that would be needed to make decisions in the event you are incapacitated and unable to make them on your own.

Take Advantage of Extra Benefits